

Overview:

The custom designed, portable, **Adaptable Labyrinth** is painted in white lines on Purple/Wine colored, durable poly-canvas with a weather resistant backing. It can be adapted to fit available space by configuring in three rectangular sizes varying from 5, to 8 to 11-circuits, the largest being 40.5 by 32 feet.

The three sections of the fully installed labyrinth are the **Central section**, a **Wine-colored Frame**, and a **Purple Frame**.

The Central (Purple) section is a 5-circuit labyrinth measuring approximately 24.5 x 17 feet.

The Wine Frame adds 3 paths to make an 8-circuit labyrinth measuring 32.5 x 24.5 feet.

The **Purple Frame** adds 3 more paths to make an 11-circuit labyrinth measuring 40.5 x 32 feet.

Unique Design Elements:

The Adaptable Labyrinth is named both for its ability to be configured in three sizes, and its flexibility in planning intentional (or specific purpose) labyrinth walks. Ten of the turns contain '**focus points**'; circular areas that separate the turns that can be used as a resting place to step off the path during the journey or to contain program specific objects, art work or instructions.



Examples of the use of focus points are:

1. The World Peace Labyrinth, which has symbols of peace from different cultures painted in the circular focus points. The intention of the labyrinth is for the walker to contemplate world peace and all its implications during the walk.

- 2. Leaving the focus points empty facilitates a more typical walking experience.
- 3. Teaching a program, such as the twelve-step program. (The first step at the entrance, steps 2-11 as the 10 focus points are encountered, and the 12th step in the center.)
- 4. The Ten Commandments could be placed in each focus point.
- 5. Art objects, flowers, common objects, instructions, etc.

The round focus points and the sweeping curved turns are designed to balance and soften the angularity of the rectangular format. The path widths vary slightly to maintain pleasing design ratios as the frames are added.

Installation:

The Labyrinth consists of 7 separate pieces stored in three large duffel bags. There is one **black** bag for the onepiece Central section and two Dark **Blue** bags for the frames. It takes 3 people under an hour to complete the full assembly.

NOTES: All directional references below are in reference to a person standing and facing the center on the entrance side. So you will have the entrance side, the backside, the left side and the right side.

When folding for storage, try to adjust your folds so that they are not directly on one of the painted lines or on the painted part of a turn. This will add life to the labyrinth, and make installation easier, as you won't need to flatten creases out of the lines. The bags are large enough to allow for some flexibility in package size.

The Central Section

A one-piece 5-circuit labyrinth measuring 24.5 x 17 feet.



It has Velcro loop installed under the outer hem for connecting to the outer frames.

A side benefit of the Velcro is that it makes for a more stable installation on some types of carpet.

Note how it is folded as you unroll it.

When folding it for storage,

- 1) Make all the folds lengthwise until it is the width of the duffel bag (about 32-36 inches)
- 2) Then fold or roll it lengthwise to fit in the BLACK bag.

The Wine Frame

A two-piece frame that adds 3 circuits and increases the size to 32.5 x 24.5 feet and a total of 8 circuits.



The **Wine Frame** consists of two 'L' shapes pieces with Velcro on the inner edge to connect with the Central Section and Velcro under the outer hems for connection to the Purple frame. One piece forms an 'L' with the right and entrance sides; the other piece is the back and the left sides.



There are marks on the Velcro at the center point of each side , to help with alignment of the sides.

Note how it is folded as you unpack it. (Each 'L' is folded separately)

- 1. Lay out the L's a few inches away from the Central Section. (This keeps the Velcro apart until you are ready.)
- 2. Fold back the edges of the Central section so you can see the alignment marks at the center of each side.
- 3. Kneeling on the Central Section at the center of a side, line up the center marks and connect a few inches of Velcro
- 4. Connect a few inches at the corners.
- 5. Work your way down the sides, alternately smoothing the material and connecting the Velcro.
- 6. Double check to be sure the middle of each side is connected at the marks.
- 7. If there are any waves, alternately open and relax or smooth the material for a good fit.
- 8. Repeat for all the sides. If you continue to have waves, recheck the marks, and be sure fabric is not stretched.
- 9. Connect the ends of the 'L's to each other, using the marks at the corners and lines of the paths as guides.

Folding for storage.

- 1. Disconnect the Velcro and lay out the pieces flat.
- 2. Remove any debris or dirt from the fabric.
- 3. Each 'L' is folded one leg at a time
- 4. Fold one leg from the outside edge long-ways not quite in half. (As you fold, stop within a few inches of the opposite side, this keeps the Velcro separated and makes handling easier.)
- 5. Be sure the creases of the folds are not on one of the painted lines.
- 6. Fold short ways several times, ending the fold a couple inches short of the edge each time (this keeps the seams from stacking up and making the package too bulky)
- 7. Fold until the stack is the same width as the other leg (about 45-48 inches)
- 8. Fold the other leg the same way as above; include the stack of the first leg in the initial long ways fold.
- 9. Make one last fold to get the package the size for the duffel bag.
- 10. Repeat for the other 'L',
- 11. Place both sections in a BLUE Bag.

The Purple Frame

A four-piece frame that adds 3 circuits and increases the size to 40.5 x 32 feet and a total of 11 circuits.



The Purple Frame consists of four Straight pieces with Velcro on the inner edge to connect with the Wine Frame.

The Entrance and Back pieces are the same length as the Wine frame, and the left and right pieces connect across both the Wine frame and the ends of the other pieces.

NOTE: The Hook and Loop Velcro is arranged differently on the Left and Right sides to avoid improper installation.

The pieces are marked on the backs to indicate where they are located.

Note how it is folded as you unpack it. (All four pieces should be folded together)

- 1. Lay out the 4 sides a few inches away from the Wine Frame. (This keeps the Velcro from hooking before you are ready.)
- Fold back the edges of the Wine frame so you can see the alignment marks at the center of each side. Kneeling on the Wine frame at the center of a side, line up the center marks and connect a few inches of Velcro

- 3. Go to the corners and connect a few inches at the corners.
- 4. Work your way down the sides, alternately smoothing the material and connecting the Velcro.
- 5. Double check to be sure the middle of each side is connected at the marks.
- 6. Connect the ends of the pieces to each other, using the marks at the corners, and the path lines as a guide.
- 7. If there are any waves, alternately open and relax or smooth the material for a good fit.
- 8. Repeat for all the sides. If you continue to have waves, re-check the marks, and be sure fabric is not stretched.

Folding for storage.

- 1. Disconnect the Velcro sides and lay out the pieces flat.
- 2. Remove any debris or dirt from the fabric.
- 3. Place the pieces on top of each other, carefully keeping the Velcro edges from connecting
- 4. Fold all 4 pieces at once; from the outside edge over long-ways not quite in half. (As you fold, stop the outer edge within a few inches of the opposite side, this keeps the Velcro separated and makes handling easier.)
- 5. Be sure the creases of the folds are not on one of the painted lines.
- 6. **Fold opposite ends toward the center** ending the fold a couple inches short of the center (the reason for doing this is to have the turns and focus points on the pattern end up on the bottom/outside of the package to minimize creases.)
- 7. Fold until the two stacks meeting at the center are about 18 inches wide.
- 8. Lastly, flip the left stack over the other to get the package the size for the duffel bag. (The few inches you left short between them allows them to stack.)
- 9. Place the package in a BLUE Bag.